

ENRICHMENT GUIDE & SOCIAL STORY

BOB MARLEY'S

THREE
LITTLE
BIRDS



 **FIRST
STAGE**
TRANSFORMING LIVES THROUGH THEATER

PROUD CORNERSTONE MEMBER

UNITED PERFORMING ARTS FUND

DEAR FIRST STAGE FRIENDS,

Ziggy's afraid to leave the house. He's too busy worrying about tropical storms, evil spirits, and the sneaky, hair-grabbing trickster, Duppy. With the help of his feathered friends, Ziggy will learn that "every little thing is gonna be all right!" With music from the legendary reggae artist, get jammin' with this timeless tale of peace and love.

Enjoy the show,

A handwritten signature in black ink that reads "Coltyn Giltner". The signature is written in a cursive, flowing style.

Coltyn Giltner
Education Director
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PRE-SHOW QUESTIONS

1. *Three Little Birds* was inspired by the reggae song “Three Little Birds” by Bob Marley. What do you know about Bob Marley? What songs of his have you listened to?
2. This play is about a little boy named Ziggy who lives in the island country Jamaica. What do you know about life and culture in Jamaica? How similar do you think Ziggy’s life is to your own? How might it be different?
3. *Three Little Birds* is a type of story called a folktale. That means it is a story that is passed from one person to another through spoken word and often tells a lesson. What do you think will be the lesson of *Three Little Birds*? What are some other folktales you know?

WHO WAS BOB MARLEY?

Bob Marley was a musician born in a tiny village in Jamaica called Nine Miles in 1945. His father was from England, and his mother was of Afro-Jamaican descent. Back in that time, it was dangerous to be a multiracial person in Jamaica. So, his mother decided to move with him to the capital of Jamaica, Kingston, into one of the poorest neighborhoods called Trench Town. While he grew up there, his mother was still concerned for his safety because of how dangerous Trench Town was with street gangs like the Rude Boys running amuck. Much to her discomfort, Bob Marley began to connect with the people in his neighborhood and understand his community through its music. This sparked his life-long passion for writing music.

Bob Marley teamed up with one of his childhood friends, Neville "Bunny" Livingston, and Peter Tosh, a local guitar player, to form their band the Wailing Wailers, led by Marley himself. His music scared many of the community leaders because they were afraid it would spark violence in communities like Trench Town, but the exact opposite happened. The people of Trench Town loved his music!

Bob Marley used his passion for music to fight for social justice and he created music that represented honestly what he saw in his community; he spoke for the people that weren't being heard in Jamaica. This made Bob Marley and the Wailing Wailers achieve great success in Jamaica.

Bob Marley's activism spread beyond Jamaica as his music gained popularity across the globe. He began to write music that, while it might seem dark, inspired people all over the world who didn't feel seen in their communities—just like the people of Trench Town. In fact, he was so beloved and inspiring that Jamaica awarded him one of the highest honors in the country: the Order of Merit. He fought and sang for a more united world right up until his death in 1981. In the years to follow, he would be added to the Rock and Roll Hall of Fame, have his album "Exodus" be called the album of the century by Time Magazine, receive a star on the Hollywood Walk of Fame, have the United Kingdom's first ever Cultural Heritage Plaque unveiled in his honor, and so much more.

For more information, check out:

<https://www.rollingstone.com/music/music-news/the-life-and-times-of-bob-marley-78392/6/>

<https://aaregistry.org/story/bob-marley-singersongwriteractivist/>

<https://www.bobmarley.com/history/>

CONTINUING BOB MARLEY'S TRADITION

A CREATIVE WRITING AND ART ACTIVITY



Bob Marley used his music to show what his community was really like. For this activity, let's follow in Bob Marley's footsteps to show what your community is really like through writing and drawing!

Included here, you will find a free-write page, a drawing page, and a poetry page.



DRAWING YOUR COMMUNITY



Using your free-write as inspiration, use the space provided—or your favorite paper to draw on—to draw a picture that shows off your community! Some ideas you could draw are: a map, a collage of different important things from your free-write, a drawing that shows what you wish your community had, or a combination of all of these ideas. Once your drawing is finished, feel free to share this with your friends, family, or classmates!

THE POETRY OF A COMMUNITY

Using the lines provided, you can write a poem that describes your neighborhood just like Bob Marley did with his lyrics! Feel free to use your free-write and even Bob Marley’s lyrics as inspiration. Below, you can find the lyrics to his song “Three Little Birds”. For an extra challenge: try to have every other line rhyme. Once your poem is finished, hold a poetry reading party with your friends, family, or classmates!

*Don’t worry, about a thing
‘Cause every little thing, gonna be all right
Singin’, don’t worry, about a thing
‘Cause every little thing, gonna be all right*

*Rise up this mornin’
Smile with the risin’ sun
Three little birds
Pitched by my doorstep
Singin’ sweet songs
Of melodies pure and true
Sayin’, “This is my message to you, hoo-hoo”*

CULTURE COLLAGE: JAMAICA!

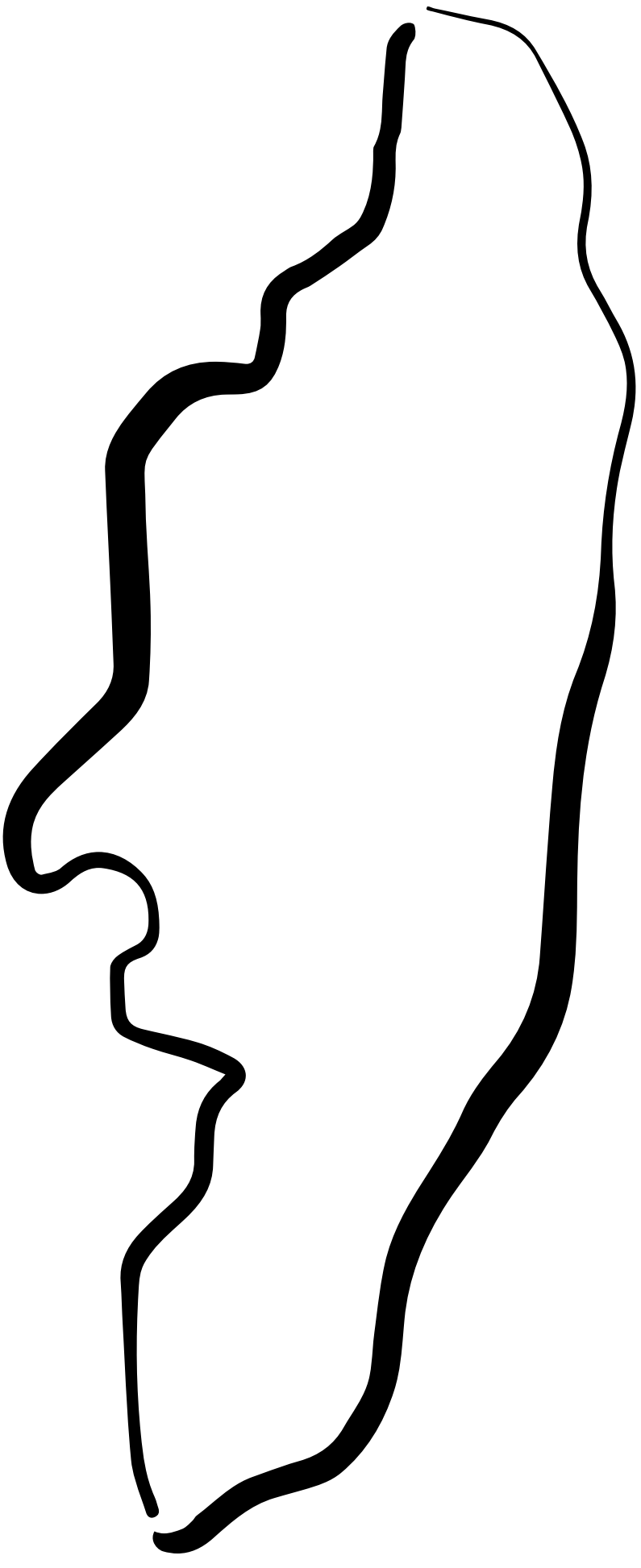
LEARNING ABOUT SETTING

Our story of *Three Little Birds* takes place in a country called Jamaica, an island nation located in the Caribbean! Jamaica has a lush natural landscape with mountains, rainforests, and coral reefs, making it a beautiful place many people like to visit on vacation, but many people live in Jamaica all year round! Jamaica has a rich cultural history, as throughout history, many groups of people have called Jamaica their home, including Jamaica's original inhabitants called the Arawak people, also called the Tainos. As new people came to Jamaica they brought their own music, food, and stories. Over time, new traditions were created, including the music style of Reggae, which Jamaica would become famous for.

There is much more to learn about Jamaica, its history, and its culture. Take some time to do some research of your own to see what you can learn about Jamaica. You can, with a grown up, look online for more information, or go to your local library and check out a book on Jamaica! Write down as much information as you can find.

After you have done some more research, we are going to create an art piece sharing what you have learned! Within the outline of Jamaica provided, create a **collage** of pictures demonstrating what you learned. A collage is an art piece that uses many pictures layered on top of one another. You can draw these pictures yourself, print them and glue them on, or even cut them out of a magazine!

CULTURE COLLAGE: JAMHAIQAI



TRICKSTERS AND TALES

FOLKTALE ACTIVITIES

Three Little Birds is a type of story called a folktale. Folktales are different from your average story for a few reasons. For these activities, you will be exploring some of these differences to create your own folktale!

ANIMAL SIMILES WORD ASSOCIATIONS

BUSY AS
A BEE

PROUD AS
A PEACOCK

SLY AS
A FOX

Folktales often use animal characters to help teach the moral in the story. These animals often have animal behaviors that are similar to human personalities. To help the reader or audience know what that similarity is, the writers will use phrases like the ones shown above. These phrases are called “similes” – or a comparison using “like” or “as”. In this activity, you get to create your own animal similes!

ANIMAL SIMILES WORD ASSOCIATIONS

For these phrases, think of an animal that matches the adjective, or describing word, provided.

Sleepy as a _____

Wild as a _____

Hungry as a _____

Loving as a _____

For these phrases, think of an adjective, or describing word, to go with the animal listed.

_____ **as a Cow**

_____ **as a Bat**

_____ **as a Giraffe**

_____ **as a Shark**

Now you get to create your own!

Think of an adjective and an animal that go together and create your own animal simile!

_____ **as a** _____

_____ **as a** _____

_____ **as a** _____

_____ **as a** _____

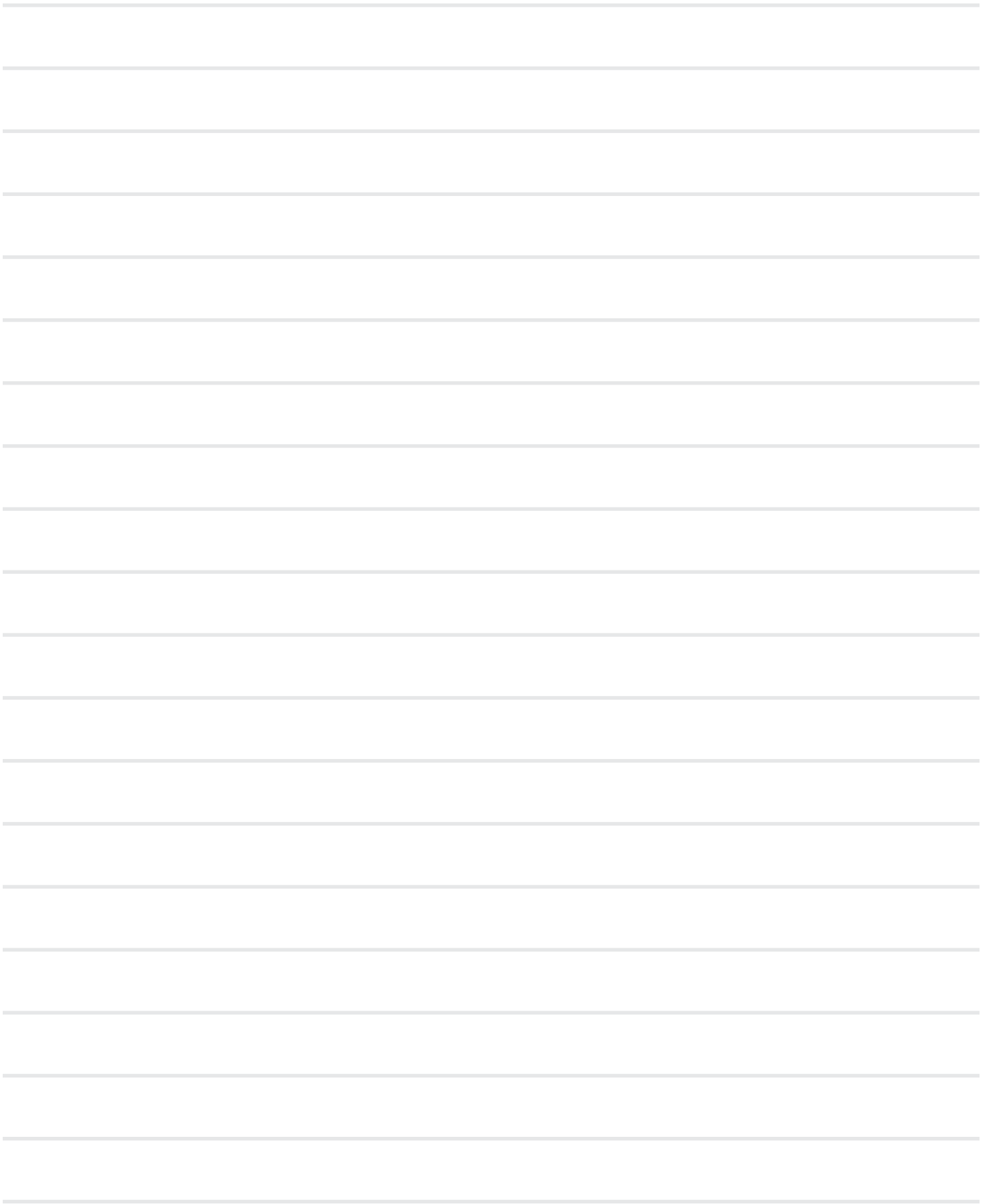
CREATE-A-FOLKTALE

Now that you've had a chance to explore animal similes and the animals in folktales match human personality traits, you get to use some of these animals to create your own folktale! Use the "Folktale Check-List" to see what parts of folktales *Three Little Birds* has and to create your own folktale. Once you've finished your check-list, use the lines on the following page to turn your ideas in the chart into a full story!

THINGS FOUND IN FOLKTALES	DOES THREE LITTLE BIRDS HAVE THIS?	CREATE YOUR OWN!
About ordinary people and everyday life		
Takes place in a natural setting or in nature		

THINGS FOUND IN FOLKTALES	DOES THREE LITTLE BIRDS HAVE THIS?	CREATE YOUR OWN!
<p>Has 3-the main character, their friend or helper, and the villain</p>		
<p>Characters represent certain traits (example: Sly as a fox)</p>		
<p>Trickster character, or someone who tricks or pulls a prank on the main character. This character is often the villain.</p>		

THINGS FOUND IN FOLKTALES	DOES THREE LITTLE BIRDS HAVE THIS?	CREATE YOUR OWN!
Shared orally (or spoken from one person to the next)		
A moral, or a lesson		



POST-SHOW QUESTIONS

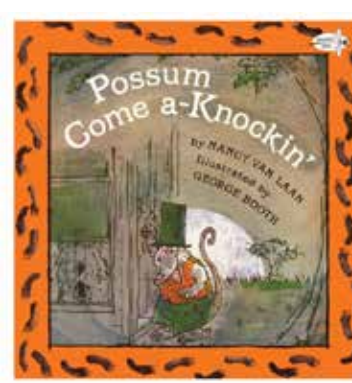
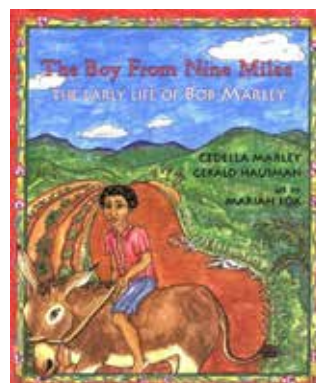
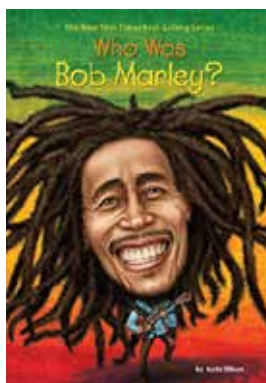
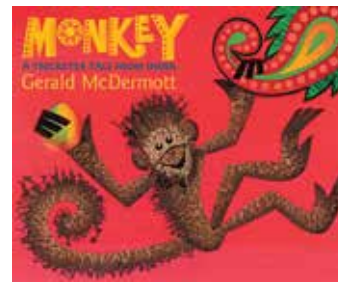
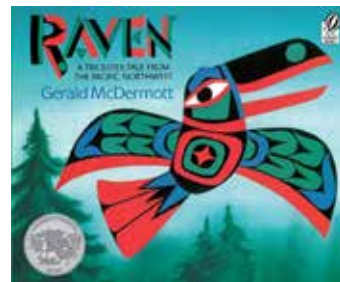
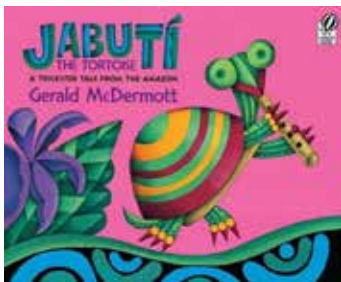
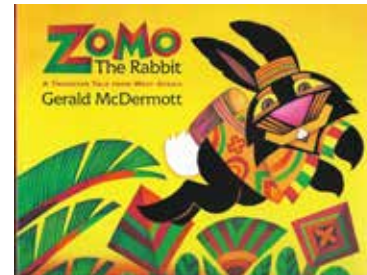
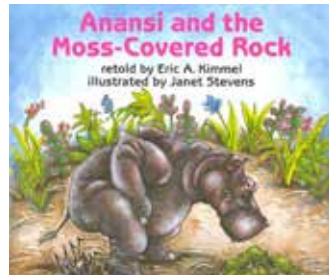
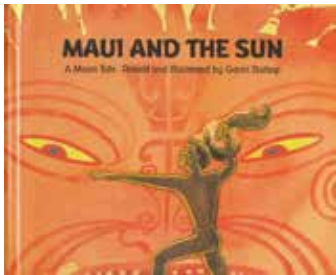
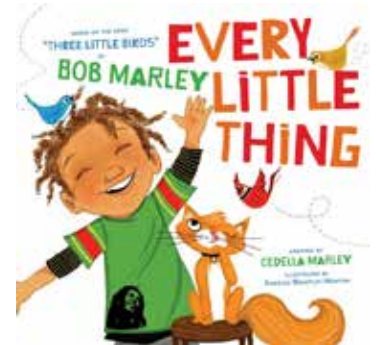
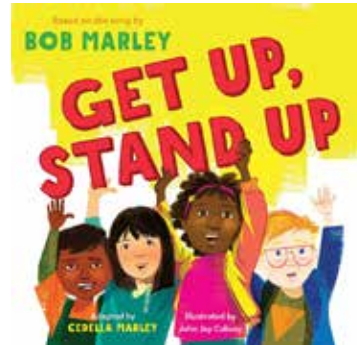
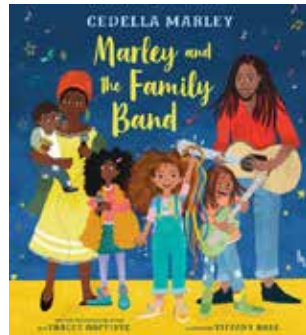
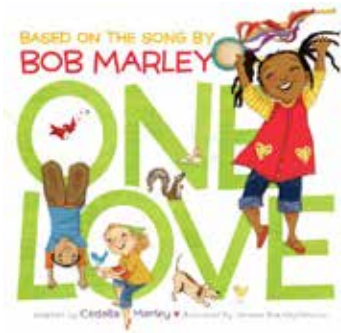


1. Ziggy and Nansi are best friends and they have to work together to defeat Duppy. Think of a time in your life where you had to work with someone to solve a problem. What was it like having to use teamwork to figure out a solution? Was it easy or hard? How did you make sure that everyone in your team was being heard?
2. Nansi and Cedella use superstitions to help Ziggy feel safe from Duppy. Superstitions are little habits or traditions people do that they believe will make something happen, almost by magic! An example is putting a spoon under your pillow as you sleep to make the next day a snow day or knocking on wood. What are some superstitions have you heard before? Do you believe in superstitions? Why or why not?
3. Ziggy is terrified of many things—especially of hurricanes and Duppy—and his fears make it hard for him to go out and have fun with everyone. Luckily, everyone works together to help Ziggy conquer his fears. When was a time you felt afraid like Ziggy? What did you do to conquer your fears?

WHO SAID IT?

1. "What else am I supposed to watch? The mangos falling? There could be another hurricane coming any minute. The weather report is the only thing I should watch."
2. "Heroes are brave when they have to be. I would like my children to meet their father's hero."
3. "Some say, the number seven is lucky. So, counting to the number eight may be unlucky for Duppy."
4. "Hair is the richest ornament of men, like high-tension wires connecting the possessor to the universe."
5. "To make the water taste sweeter, the Americans pour soda pop into the ocean."
6. "But, heroes should not be afraid of hurricanes."
7. "A bird for a best friend? There are real friends and real adventures outside."
8. "You never know how brave you are until being brave is the only choice. Life is full of danger, but also adventure. And, guess what? The sun is smiling today."
9. "It's remarkable. Can you build your house out of silk? Do you have eight legs?"
10. "She is cute. She is also disgusting, just like that bug.... But she kissed me..."
11. "The rhythm of the island is strong, and powerful and tough and brave. And, it is inside of you."

RECOMMENDED READING



BOB MARLEY'S

 **THREE**
 **LITTLE**
 **BIRDS**

**GOING TO A SHOW
AT THE TODD WEHR
THEATER**

SOCIAL STORY

I am going to see a First Stage show at the Todd Wehr Theater.



I am going to see the show with

**Watching a play is like watching TV or a movie,
except people are on stage in front of us.**



They are called actors. They can see and hear me too.
I can't turn the channel or turn the volume up and down.

A play is made up of many interesting things.



Costumes



Scenery



Sound



Lighting

When we arrive at the theater, we will probably have to climb some stairs. There are stairs outside the building, and inside the building.



We may need to wait in line to scan our tickets.



When we are waiting, I can stay with my family or teacher.

An usher will help us find our seats.

We will enter the theater and find our seats.



There are bathrooms in the lobby. If I need to, I can use the bathroom before we go to our seats.

Someone will show us where to sit.



The audience area is for all of us.



The stage is for the actors only.

When I am in the theater waiting for the show to start:

1. I can talk to my family or friends.
2. I can take a short break in the lobby.



There will be a lot of people in theater and it may get noisy.

If it gets too loud:

1. I can bring headphones if I want.
2. I can put my hands over my ears.
3. I can leave the room and take a short break in the lobby.



I can come back when I am ready.

During the show:

1. I can watch and listen to the actors quietly.
2. I can applaud if I like something.
3. I can hold things in my hand that make me feel comfortable.



If I need to talk:

1. I can talk quietly to my family.
2. I can write down what I want to say.
3. I can leave the room.

After the show there will be a “talkback.”

The talkback is a chance for me to ask questions.

1. I will raise my hand to show that I want to ask a question.
2. I will wait for the leader to call on me to ask my question.
3. I don't have to ask a question if I don't want.



I can ask different kinds of questions:

1. I can ask questions about the show.
2. I can ask questions about the scenery, costumes, lights, or sound.

**After the show is finished,
I will leave the theater with my family.**



BOB MARLEY'S

THREE

LITTLE

BIRDS



MEET THE "JAMAICAN OWL" CAST

These are the actors you will see at the
Sensory Friendly Performance on
Saturday, May 6, 2023 at 3:30PM.

THIS IS REECE.



They play a character named Ziggy. Ziggy is a young boy who is very anxious to go outside and explore, because of a hurricane that almost hurt his family. He watches the weather channel all day and talks to Dr. Bird, his pet. Ziggy decides to visit the other side of the island where Dr. Bird lives and tries to get over his fears.

THIS IS AMIRAH.



They play a character named Nansi. Nansi is playful and lives near Ziggy. She has a crush on Ziggy and tries to get him to loosen up and have more fun. She has a pet spider and loves to play games like “Brown Girl in the Ring”.

THIS IS CYNTHIA.



They play Cedella, Ziggy's mom. Cedella sells jerk chicken to tourists on the island and is a stern, but loving mother to Ziggy. Cynthia also plays Montego, one of the three birds, and various other characters.

THIS IS OGUNDE.



They play the role of Dr. Bird. Dr. Bird is Ziggy's pet, but lives on the other side of the island. They are positive and love to sing and dance with the other birds.

THIS IS MAYA.



They play a character named Tacoomah.
Tacoomah is one of the three birds and loves to
sing and dance with their friends.

THIS IS JAMES



They play a character named Duppy. Duppy is an evil trickster who steals lock of peoples' hair from them, which gives him power. Duppy chases Ziggy and tries to steal their hair throughout the play. The only way to keep Duppy away is to clap and count to 8. James also plays various other characters throughout the play.

BOB MARLEY'S

THREE

LITTLE

BIRDS



MEET THE "JAMAICAN BECARD" CAST

THIS IS JULIUS.



They play a character named Ziggy. Ziggy is a young boy who is very anxious to go outside and explore, because of a hurricane that almost hurt his family. He watches the weather channel all day and talks to Dr. Bird, his pet. Ziggy decides to visit the other side of the island where Dr. Bird lives and tries to get over his fears.

THIS IS AMIRAH.



They play a character named Nansi. Nansi is playful and lives near Ziggy. She has a crush on Ziggy and tries to get him to loosen up and have more fun. She has a pet spider and loves to play games like “Brown Girl in the Ring”.

THIS IS CYNTHIA.



They play Cedella, Ziggy's mom. Cedella sells jerk chicken to tourists on the island and is a stern, but loving mother to Ziggy. Cynthia also plays Montego, one of the three birds, and various other characters.

THIS IS OGUNDE.



They play the role of Dr. Bird. Dr. Bird is Ziggy's pet, but lives on the other side of the island. They are positive and love to sing and dance with the other birds.

THIS IS ZOE.



They play a character named Tacoomah. Tacoomah is one of the three birds and loves to sing and dance with their friends.

THIS IS JAMES



They play a character named Duppy. Duppy is an evil trickster who steals lock of peoples' hair from them, which gives him power. Duppy chases Ziggy and tries to steal their hair throughout the play. The only way to keep Duppy away is to clap and count to 8. James also plays various other characters throughout the play.



Three Little Birds is a musical. The actors will be singing and dancing throughout the performance.